

**Paige E. Roberts LSW LICSWA**  
**Clinician On Point Performance Neuro Training LLC**  
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## **EDUCATION**

- Masters of Social Work Colorado State University Fort Collins Colorado (Advanced Generalist 2010- 2013).
- Bachelor of Arts Degree: Colorado Mesa University (Formerly Mesa State College) Grand Junction Colorado (Human Performance and Wellness: Exercise Science 2003-2005).

## **PROFESSIONAL EXPERIENCE**

### **On Point Performance Neuro Training LLC (Owner) Seattle, Washington (2016-current)**

Licensed Independent Clinical Social Worker Associate (WA) & Licensed Social Worker (CO)

- Private practice focus and responsibilities include,
- Assessment of neurocognitive symptoms and domains (DSM 5) for persons experiencing concussive related trauma.
- Developing individualized treatment interventions aimed at alleviating presenting symptoms.
- Use of Brainspotting and other psychotherapeutic treatments (such as CBT, DBT, ACT, psychodynamic, solutions focused, narrative therapy and motivational interviewing).
- Conduct Neuro Ocular assessments and therapy.
- Conduct QEEG and Neuro Ocular assessments to determine brain health and to determine baseline mTBI
- Identify mTBI treatment and monitoring protocols.
- Provide Photobiomodulation Laser Light therapy in helping clients resolve and heal from physical injuries and or chronic pain.
- Specialized focus in helping athletes heal from sports physical and mental traumas (including injuries in all sports disciplines and athletes of all ages).
- Conduct Neuro Ocular assessments to determine overall reflexes and training to increase reflexes.

### **Ski Town Psychotherapy LLC, (Owner) Steamboat Springs, Colorado (2014-2016),**

Licensed Social Worker. Private practice focus and responsibilities included,

- Developing intervention protocols for neurocognitive symptoms and domains (DSM 5).
- Collaboratively working with clients to develop individualized treatment interventions aimed at alleviating presenting symptoms.
- Use of Brainspotting and other psychotherapeutic treatments (such as CBT, DBT, ACT, psychodynamic, solution focused, narrative therapy and motivational interviewing) to address emotional and physical traumas.
- Provide Photobiomodulation Laser Light therapy in helping clients resolve and heal from physical injuries and chronic pain.
- Specialized focus in helping athletes heal from sports physical and mental traumas (including injuries in all sport disciplines and athletes of all ages).

### **Routt County Department of Human Services Steamboat Springs, Colorado (2008-2012)**

Responsibilities included,

- Federal & State Mandated Welfare Program(s) (SNAP, SSI, LEAP and Medicaid) Director
- Welfare Program Eligibility Technician
- Welfare Program Case Manager

- Community Resource Outreach Specialist
- Northwest Colorado Medicaid Program Representative

**Laurel Street Preschool, Steamboat Springs, Colorado (2007-2008)**

Responsibilities included,

- Preschool Teacher of basic curriculum ages 2-4

**Poudre Valley Health Systems: Heart Center of the Rockies, Fort Collins, Colorado (2006-2007)**

Responsibilities included,

- Electrocardiograph Technician
- Halter/Cardiac Event Telemetry Monitor

**ADDITIONAL EXPERIENCE**

**Old Town Hot Springs Steamboat Springs, Colorado (2008-2013)**

- American Red Cross Water Safety and Swim Instructor
- Competitive Swim Program Coach
- American Red Cross Life Guard

**Steamboat Ski and Resort Group Steamboat Springs, Colorado (2012-2013)**

- Alpine Ski Instructor

**Fort Collins Fitness Center, Fort Collins, Colorado (2006-2007)**

- Front Desk Attendant

**24 Hour Fitness, Broomfield, Colorado (2006)**

- Personal Trainer
- Create Individual Nutrition Program
- Create Individual Fitness Program

**Bally Fitness, Westminster, Colorado (2005)**

- Personal Trainer
- Create Individual Nutrition Program
- Create Individual Fitness Program

**Crossroads Fitness Center, Grand Junction, Colorado (2004-2005)**

- American Red Cross Water Safety and Swim Instructor
- American Red Cross Lifeguard

**City of Fruita Swimming Pool (2004)**

- American Red Cross Water Safety and Swim Instructor
- American Red Cross Lifeguard

**The City of Craig Swimming Complex Craig, CO (1999-2002)**

- American Red Cross Water Safety and Swim Instructor
- American Red Cross Lifeguard
- Water Aerobics Instructor

## **FIELD EXPERIENCE**

### **Colorado State University: School of Social Work: MSW: Advanced Generalist: (2011-2013)**

- **Research and Thesis**
  - Program Evaluation: Community Leadership Training in Larimer County
- **Dissertation and Defense:**
  - Masters Committee:
    - Chair: Nancy Banman MSW, PhD
    - Susan Tungate MSW, PhD
    - Lind Kuk PhD

### **Colorado State University: MSW: Advanced Generalist 1000 Hours**

#### **Non-Profit Management and Administration: Executive Director Lift-Up of Routt County: David Fresesman M.TH. (2011-2012)**

- Overseeing Non-Profit office management and business processes
- Researching food value in relationship to the area food cost
- Monitoring volunteers
- Fund raising event creation and application
- Assisting in daily budget monitoring and management
- Attending community collaboration board and steering committee meetings
- Assisting in identification and administration of the “Routt County Christmas Wishes Program”  
Routt County Collaborative with Northwest Colorado’s United Way
- Helping organize and implement “The Routt County Bridges Initiative”
- Writing and Co-writing grant applications
- Attending a Board of Directors Agency Improvement Retreat
- Overseeing Food Bank and Client Assistance Programs Management and Operations
- Assisting in the development and implementation of the local programs “The Backpack Program”  
and the summer “School Lunch Program” Administrator: Sherri McKnight

### **Colorado State University: MSW: Advanced Generalist 500 Hours**

#### **Clinical Social Work: Roger M. Reynolds LCSW and Associates (2011).**

Responsibilities included,

- Conducting child family investigations
- Providing Divorce Mediation
- Providing Psycho-education and certification for family members of sex offenders to have supervised paternal visitations
- Co-facilitating Sex Offender Treatment Groups
- Research on prevalence of “sexting” in Steamboat Springs School District grades 10-12.
- Brainspotting
- Individual Clinical Therapist

### **Colorado Mesa University: BA: Human Performance and Wellness: Exercise Science**

#### **Program Independent Practicum Public Health Worker: Kelli Kessell BS, MPH Grand Junction Colorado**

#### **Western Colorado Area Health Education Center: (Summer 2004)**

- Public Health Office Administration and Facilitation of Public Health CEU opportunities for Health and Human Service Professionals
- Western Colorado Obesity Awareness and Cessation Initiative organized a screening of the movie “Super size ME “and sat on panel of local health professionals to field community questions and give health education to Mesa County Residents following the screening

- Co-Instructed “The Summer Health Careers Institute” a week long camp designed for high school students interested in exploring health related careers. Mesa County Office Clifton Colorado

**Kessell Wellness Consulting: (Spring 2004)**

- Assisted in-instructing third and fifth grade nutrition program implemented in Mesa County Public School(s) Orchard Mesa after school activity “Stepping Up” Grand Junction Colorado

**Colorado Mesa University: BA: Human Performance and Wellness: Exercise Science**

**Athletic Training Lab Practicum: Michael Reeder M.D. and Orthopedic Surgeon for CMU athletics Grand Junction Colorado (Spring 2004)**

- Prevention and Care of Athletic Injuries
- Colorado Mesa University Varsity Sports Training Room

**Colorado Mesa University BA: Human Performance and Wellness: Exercise Science Jill Cordova PhD Grand Junction Colorado (Spring 2004)**

**Special Populations Psychomotor Disabilities and Adaptations: practicum**

- Creator and Administrator of a Physical Education program for “at risk” Mesa County Male Juvenile Delinquents

**Colorado Mesa University (Formerly Mesa State College): BA: Human Performance and Wellness: Exercise Science**

**Exercise Physiology Lab Practicum: Guy “Gig” Leadbetter Ph.D. Grand Junction Colorado (Fall 2003)**

- Dietary Analysis and Dietary Recommendations: The Colorado Mesa University Dance Team
- Heart Rate and Blood Pressure Monitoring During Cardio-Pulmonary Rehabilitation Exercises. Saint Marys Cardiac Rehabilitation Center
- Instructed health and wellness classes required for CMU Freshmen.

**ORGANIZATIONS**

- **Sick Not Weak Suicide Prevention Initiative:** Advocate, Provider **(2016-current)**
- **Concussion Legacy Foundation:** Ambassador, Advocate, Provider **(2015-current)**
- **Rocky Mountain Brainspotting Institute:** Licensed Social Worker Member Boulder Colorado **(2015-current)**
- **Central Park Management Chinook Townhomes Home Owners Association:** Board of Directors Member, Treasurer: Steamboat Springs Colorado **(2013-current)**
- **Gamma Beta Phi National Collegiate Honor Society** CSU Department of Food Science and Human Nutrition **(2012-current)**
- **Phi Alpha National Collegiate Honor Society Chapter: Theta Pi** CSU School of Social Work **(2011-current)**
- **National Association of Social Work (NASW)** Member Colorado Chapter **(2014-2017)**
- Board of Directors Member: Chair: Fundraising Committee and served on the Marketing Committee Lift-Up of Routt County (2009-2012)
- American Heart Association (AHA): Cardiopulmonary Resuscitation Certification and Training AHA Northwest Chapter Colorado (2005-2010 & 2010-2012)
- **Social Service Technical and Business Staff (SSTABS)** State of Colorado Social and Human Services: Employee Service Delivery Improvement Organization Member **(2009-2011)**
- **National Collegiate Athletic Association (NCAA)** Division II Rocky Mountain Athletic Conference: (RMAC) Athlete CMU Varsity Cross Country **(2003-2004) & (2004-2005)**
- **Exercise Physiology Research Club:** Secretary & Treasurer CMU Department of Exercise Science **(2003-2004) & (2004-2005)**

## LICENSES & CERTIFICATIONS

- **Board of Advanced Natural Health Sciences: BANHS:** Certified Light Therapist (2017-current)
- **Washington State Department of Health:** Licensed Independent Clinical Social Worker Associate: License Number: SC 60697187 (2016-current)
- **Colorado Department of Regulatory Affairs:** Licensed Social Worker: License Number: LSW 0009920852 (2015-current)
- **Colorado Department of Regulatory Affairs:** Registered Non-Licensed Psychotherapist: (2014-2015)
- **Brainspotting International:** Certified Brainspotting Practitioner (2014-current)
- **State of Colorado:** Certified Mediator (2013-current)
- **Food Bank of The Rockies:** Food Safety Certification Lift-Up of Routt County Food Bank 1<sup>st</sup> net learning course Steamboat Springs Colorado (2011)
- **National Outdoor Leadership School (NOLS):** Wilderness First Responder (WFR) Certification Lander Wyoming (2005-2007)
- **American Red Cross (ARC)**
  - **Lifeguard:** Certification Craig & Grand Junction & Steamboat Springs Colorado (1998-2015)
  - **Cardiopulmonary Resuscitation (CPR) and AED for the Professional Rescuer Adult and Pediatric First Aid:** Certification Craig & Grand Junction & Broomfield & Fort Collins & Steamboat Springs (1998-2015)
  - **Water Safety & Swim Instructor:** Certification (2001-2015)

## CERTIFICATES, PROFESSIONAL TRAININGS & CONFERENCES

- **Brain Health Coaching Certification Course:** 50 CEUs Daniel Amen M.D. Clinics online (2017-current)
- **Amen Clinics: Northwest: Grand Rounds:** QEEG Guiding Assessment for Identifying and Remediating Functional Brain Dysregulations 2hr Presentation 1CEU Bellevue Washington (2017)
- **International Association of Eating Disorders Professional:** 2hr Presentation 2.5 CECs Eating Disorders and the World of Sports Mercer Island Washington (2017)
- **Eating Recovery Center of Washington,** 1 Day Training 6 CECs Provider training and on site visit: Bellevue Washington (2017)
- **Big Sky Athletic Training and Sports Medicine Conference (BSATSMC):** 5 Day Conference: Sports Concussion, Sports Injury Rehabilitation and Sports Performance Expansion Big Sky Montana (2017)
- **A-Train Education:** HIV/AIDS training for Healthcare Professionals: 4 CEUs online (2016)
- **American Academy of Neurology Sports Concussion Conference (AANSCC):** 3 Day Conference 18 CECs. Chicago Illinois (2016)
- **Quantum Academies:** 5 day Certified Light Therapist Training Marcie Denton MA CLTI, Ginger Bowler PhD CLTI, Isabel Martinez Boulder Colorado (2016)
- **First International Brainspotting Conference:** 4 Day Conference Rio De Janario, Buzios Brazil (2016)
- **American Academy of Neurology Sports Concussion Conference (AANSCC):** 3 Day Conference 18 CEUs. Denver Colorado (2015)
- **Brainspotting International:** Masters Brainspotting Training 21 CEUs David Grand Ph.D. Boulder Colorado (2015)
- **National Academy of Sports Medicine (NASM):** 1 Day Event .8 CEU Sports Performance Workshop San Francisco California (2015)

- **Big Sky Athletic Training Sports Medicine Conference (BSATSMC):** 5 Day Conference: Sports Concussion, Suicide and Concussion, Sports Injury Rehabilitation and Sports Performance Expansion Big Sky Montana (2015)
- **National Academy of Sports Medicine (NASM):** 2 Day Event 1.6 CEUs Advanced Training Denver Colorado (2014)
- **National Association of Orthopedic Technologists:** Orthotic Fitter Certificate of Completion 21 CEUs Morgan McClarnon Atlanta Georgia (2014)
- **Brainspotting International:** Brainspotting Phase III Training 17 CEUs David Grand Ph.D. Green Bay Wisconsin (2014)
- **Brainspotting International:** Brainspotting Phase II Training 14 CEUs **Robert Weiz Ph.D.** Santa Fe New Mexico (2014)
- **Brainspotting Interantional:** Brainspotting Phase I Training 14 CEUs **Margot P. Nacey EdD** Loveland Colorado (2012)
- **State of Colorado Discrimination Training:** Certificate of Completion Routt County Steamboat Springs Colorado (2010, 2011 & 2012)
- **Bridges out of Poverty Training:** 1 Day Event 1 CEU *Applying Bridges Concepts* Jim Ott PhD Steamboat Springs Colorado (2011)
- **Department of Health Care Policy and Financing(HCPF):** Adult Medical & Medicare Savings Program Overview, Family Medical Assistance 200, Family Medicaid Parent Expansion to 100% and Long Term Care FAQ: State of Colorado Program Director and Provider Improvement Trainings, Stakeholder Meetings and Conferences Steamboat Springs, Denver, Grand Junction Colorado (2009, 2010, 2011, 2012)
- **Southern Institute on Children and Families (SICF):Colorado Eligibility Process Improvement Collaborative (CEPIC)** Colorado Medicaid Program Service Delivery Process Improvement Training Four separate 2 day training modules Vickie Grant MSW PhD Denver Colorado (2010-2012)
- **Low Income Energy Assistance Program (LEAP): Eligibility Technician** Training Grand Junction Colorado (2009) Conferences Denver Colorado (2009), Program Administrator Training Aurora Colorado (2010)
- **Social Services Technical and Business Staff (STABBS):** Annual Conference and Training Steamboat Springs Colorado (2009) & Grand Junction Colorado (2010 & 2011)
- **Bridges out of Poverty:** Training 1 Day Event 1 CEU Framework Understanding Poverty and Learning Structures Quincy University Terie Dreussi-Smith M.A. Ed. Steamboat Springs Colorado (2009)
- **State of Colorado Department of Education:** Authorization as a substitute teacher within Colorado Public Schools Denver Colorado (**License Number 0334370**) (2006-2007)
- **National Outdoor Leadership School (NOLS): Wilderness First Responder (WFR)** Training Grand Junction Colorado (2005)
- **American Red Cross (ARC):**
  - **Lifeguard:** Training Craig & Grand Junction & Steamboat Springs Colorado (1998, 2004, 2008)
  - **Cardiopulmonary Resuscitation (CPR) and AED for the Professional Rescuer Adult and Pediatric First Aid:** Training Craig & Grand Junction & Broomfield & Fort Collins & Steamboat Springs (1998-2015)
  - **Water Safety & Swim Instructor:** Training (2001, 2004, 2013)

#### PROFESSIONAL SPEAKING EVENTS

- **First International Brainspotting Conference:** *Case Study of Two United States Freestyle Mogul Ski Team Members.* Rio De Janario, Buzios Brazil (2016)

## **FUND RAISING**

### **Lift-Up of Routt County Food Bank and Client Assistance**

- Annual Coat Drive Steamboat Springs Colorado (2011)
- Pasta for the People Boathouse Pub and Restaurant Steamboat Springs Colorado (2011)
- 2<sup>nd</sup> Annual Pasta for the People Community Center Steamboat Springs Colorado (2012)

## **GRANTS**

### **Lift-Up of Routt County Food Bank and Client Assistance**

- **Colorado Department of Health Care Policy and Financing:** Wrote grant for Program Eligibility Application Kit (PEAK) Outreach Project for a computer to place in the lobby of the Lift-Up Food Bank: AWARDED Steamboat Springs Colorado Spring (2012)
- **Energy Out Reach Colorado:** Wrote annual grant for \$63,000 for Lift Ups' Client Utility Fund Assistance Program: AWARDED Steamboat Springs Colorado Fall (2012)
- **United Way:** Co-Wrote annual grant for \$16,500 in Organization Operational Budget; AWARDED Steamboat Springs Colorado Fall (2012)